

# Perfectly Normal

## CHILD BEHAVIORS

Children have natural, uncontrollable instincts and urges. When you see a child doing the following, they are not behaving "badly" but rather are exhibiting completely normal behaviors.



### THROWING

In every moment of everyday our children are learning about their world. A lot of this learning is done in exploring cause and effect. When children throw, they want to see what is going to happen.

### GRABBING

Children are not wired to share, as much as we may want them to be able to resist the urge to grab something away from another child. Grabbing, when angry or distressed, is also a completely natural urge.



### DUMPING

This can be particularly frustrating when your child is dumping out toys or other things all around your house. Even more so when it is something you are trying to clean up. Your child may also dump food and drinks out on to the floor. This is all completely normal. Your child is experimenting with gravity.

### BUILDING UP AND KNOCKING DOWN

We have all seen it: a child builds a huge tower with toys or blocks, stands back to admire their achievement, and then promptly pushes it right over. Much to a parent's horror, it may also be that your child knocks down another child's tower.

